

Wisdom For Life: The Principles For Well-Being By Elsie Spittle

By Elsie Spittle

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About the Author: Elsie Spittle has been an internationally recognized trainer and consultant for almost three decades.

This began his search for something to teach people that would increase their well-being. Elsie Spittle *Wisdom for Life. Principles, 2010. Wisdom for Life*

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